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The Essential Unity of CAM

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FREQUENCY IS THE UNIFYING PARAMETER FOR CAM. What can a scientific-fly on the clinical-wall do for a patient who pleads, "I am electrically sensitive, please do something to help me!" This was the situation in which I found myself nearly thirty years ago when in response to a request to help with electrically sensitive patients, I was confronted with the reality of such a clinical situation. Since then, I have learned much both clinically and scientifically. In this Editorial, I will show how frequency relates to CAM.

Environmental Medicine and Electromagnetic Hypersensitivity

Most if not all electromagnetically hypersensitive patients have on-going multiple chemical sensitivities and they react to laboratory electrical oscillators typical of those used regularly by students and researchers which radiate into the immediate environment electric and magnetic fields comparable to those found near televisions, mobiles and computers in the home and workplace. It soon became clear that frequency was the relevant parameter. The strength of the fields was of less consequence once a patient's threshold of sensitivity had been exceeded. I encountered a wide range of patients' sensitivities ranging from zero to that of the most sensitive patients who were not compatible with anything electrical in their immediate environment whether natural resonances or man-made.

When a reaction was "triggered" by a frequency, that particular frequency was extremely precise and the reaction was usually the same as that "triggered" by the chemicals, foods or inhalants to which that individual happened to be sensitive at that time. This meant that any meaningful assessment of patients' reactions to frequency had to be carried out in a room chemically and particulate "clean" to operating-theatre standards as well as being completely electrically shielded. In the Environmental Health Center (EHC) in Dallas, Texas, this was achieved by the use of porcelained-steel and glass, shielded lighting or daylight, filtered and slightly pressurised re-cycled air. In this clean environment, Dr. W.J. Rea was able to demonstrate by double-blind trials the existence of electrical sensitivities with 100% responses to that frequency to which the subject was most sensitive and 0% response to placebos. If a body's natural (endogenous) frequencies are weak or missing, the body may seek its bio-information from environmental frequencies and/or the frequency signatures of chemicals in its environment.

History of Coherence Theory

Frequency alone is not sufficient. Frequencies must be have the same number of cycles per second and these must all have the same phase i.e. they must be coherent. Theoretical physicist Herbert Fröhlich (1905-1991) showed the importance of

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